

COLD DRINKS

ITALIAN SODA.....
Old fashioned, regular & cream sodas. You choose the flavor.
 CAN SODA.....
 BOTTLED WATER.....
 LIFE WATER.....
 JUICE.....
 ORGANIC ICED TEA.....
 MILK.....

chocolate.....
 BOTTLED SODA.....
 SMOOTHIES.....small... large...

HOT DRINKS

COFFEE.....small... large...
**refills \$1.00*
 SPICED CHAI.....small... large...
 SHOT OF FLAVOR.....small... large...
 CAFE AU LAIT.....small... large...
 ESPRESSO.....small... large...
 LATTE.....small... large...
 CAPPUCCINO.....small... large...
 MOCHA.....small... large...
 WHITE MOCHAsmall... large...
 CARMEL MOCHA.....small... large...
 LAVENDER & HONEY..small... large...

HOT or ICED TEA.....
 HOT CHOCOLATE..... small... large...
 STEAMER.....small... large...
 SOY MILK, ORGANIC 2% MILK, ALMOND MILK,
 COCONUT MILK, or OAT MILK
 (add).....small... large...

**all drinks available iced*

SWEETS *Baked Fresh Daily!*

COOKIES.....
 BROWNIES.....
 MUFFINS.....
 DONUTS.....
 COFFEE CAKE.....
 SLICE OF PIE.....

BREAKFAST SANDWICHES

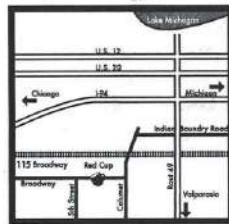
Made with local free-range eggs.
 #1 egg, spinach & cheese.....
 #2 egg, tomato, spinach & hummus.....
 #3 ham or bacon, spinach, tomato & cheese.....

PERSONAL PRITTATAS

Served on a bed a spinach with bread & fruit
 #4 egg, goat cheese.....
 #5 egg, denver peppers, cheddar & ham.....
 #6 egg, peppers, onion & goat cheese.....
 #7 egg, mushroom & swiss.....

CATERING

AVAILABLE.....PLEASE INQUIRE



929-1804

115 Broadway • Chesterton, IN 46304

**FEEDING YOUR BELLY
 NOURISHING YOUR SOUL**

**Monday-Friday 9am-4pm
 Saturday 8am-4pm**

SUSTAINABILITY


- serving locally roasted, fair trade coffees & teas
- vegetarian, vegan, & gluten-free options
- local free-range eggs & honey
- eco-friendly cleaning products


DELI SANDWICHES


SMOKED TURKEY & MOZZERELLA
with sun dried tomato-mayo, lettuce, and
tomato on Organic Eight Grain.....


VEGGIE & HUMMUS
with sun dried tomato-mayo, lettuce, tomato,
cucumber, carrots and red onion on Organic
Eight Grain

HAM & SWISS
with dijon mustard, lettuce, and tomato
on European Rye

 **RED CUP CHICKEN SALAD**
with lettuce and tomato on
on your choice of bread

 **RED CUP TUNA SALAD**
with lettuce and tomato on your choice of
bread.....

 **RED CUP EGG SALAD**
on your choice of bread

 **RED CUP VEGAN "EGG" SALAD**
on your choice of bread

PEANUT BUTTER & JELLY
on your choice of bread with animal
crackers

BACON, LETTUCE & TOMATO
on your choice of bread

1/2 DELI SANDWICH & SOUP.....

1/2 DELI SANDWICH & MIXED GREENS.....

CORNED BEEF
corned beef, swiss, dijon mustard
on rye.....

**all sandwiches come with locally made kettle chips*

 **Red Cup's Own Recipe**

GLUTEN FREE BREAD.....

GRILLED SANDWICHES

CHICKEN PESTO
with sundried tomato mayo, spinach, tomato
and mozzarella on European
Sourdough

CORNED BEEF & SAUERKRAUT
with Swiss and dijon mustard on
European Rye.....

TOMATO, PESTO & PROVOLONE
with red onion, sun dried tomato-mayo on
European Rye.....

PORTOBELLO & GOAT CHEESE
with dijon, mixed peppers, pesto and red
onion on European Sourdough.....

SMOKED TURKEY & BACON
with cheddar, tomato, red onion
and sun dried tomato-mayo on
Organic Eight Grain

 **RED CUP TUNA & CHEDDAR**
with tomato on Organic Eight Grain.....

GRILLED CHEESE
with your choice of cheese & bread
provolone, swiss, mozzarella, or
cheddar

w/ tomato & pesto

w/ dijon, tomato & bacon.....

w/ avacado, tomato & bacon

w/ salad

w/ soup

SOUPS

SOUP.....

CUP of SOUP & MIXED GREENS.....

**soup served with bread*


**soup selection changes daily*

SALADS

**ORGANIC MIXED GREENS, GOAT CHEESE &
WALNUT PRAINE**
with balsamic vinaigrette.....

SPINACH, CHICKEN & CASHEW
with mandarin oranges and onions, with
raspberry vinaigrette.....

SALAD OF THE MONTH

 **RED CUP CHICKEN, TUNA OR EGG
SALAD PLATE**
served on a bed of organic greens with bread
and fresh fruit.....

QUICHE

SLICE of QUICHE & FRUIT.....

QUICHE & Cup of SOUP.....

QUICHE & MIXED GREENS.....

**quiche served with bread*

**quiche selection changes daily*